

NSD

NEWSLETTER

Sunday, March 30, 2008

BIBLE STUDY..... 10 a.m.
"Gospel of Luke"

MORNING WORSHIP..... 11 a.m.
Dan Austin

EVENING SERVICE.... 6 p.m.
"Singing Night"

WEDNESDAY MEETING..... 7 p.m.
"World (Kosmos)"

... *singing psalms and hymns and spiritual songs with thankfulness in your hearts to God.* Col 3:16

Praise the LORD, all nations! Extol him, all peoples!
For great is his steadfast love toward us,
and the faithfulness of the LORD
endures forever.
Praise the LORD!

Psalms 117

News & Notes

Remember to pray for our military personnel deployed in the Middle East, **Logan Harper** and **Sam Barton**.

Sam's postal and email addresses:

PSSN BARTON, SAMUEL M.
USS ABRAHAM LINCOLN CVN72
ADMIN Y2
FPO AP 96612-2872
email: barton.samuel@cvn72.navy.mil

There is a new page for the Misticas on the counter in the back with updated phone numbers. Please be sure to replace the page in your Member Directories.

REMINDER: TONIGHT IS SINGING NIGHT.

When the LORD restored the fortunes of Zion,
we were like those who dream.
Then our mouth was filled with laughter,
and our tongue with shouts of joy;
then they said among the nations,
"The LORD has done great things for them."
The LORD has done great things for us;
we are glad.

Psalms 126:1-3

Daniel answered and said: "Blessed be the name of God forever and ever, to whom belong wisdom and might.

He changes times and seasons; he removes kings and sets up kings; he gives wisdom to the wise and knowledge to those who have understanding; he reveals deep and hidden things; he knows what is in the darkness, and the light dwells with him.

Daniel 2:20-22

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<http://nsdca.com>

where the Bible is the source of faith, where Jesus is Lord, where Christianity is a way of life!

The Road to Health

*Trust in the LORD with all your heart, and do not lean on your own understanding.
In all your ways acknowledge him, and he will make straight your paths.
Be not wise in your own eyes; fear the LORD, and turn away from evil.
It will be healing to your flesh and refreshment to your bones.*

Proverbs 3: 5-8 (ESV)

We don't try to drive our cars in the water and we don't try to speed our boats down the highway. Why? That's not what they were made for. So why do we use ourselves for purposes we were not made for? Why, when we were created to be entirely preoccupied with our Creator, do we become entirely preoccupied with ourselves? This does damage to our minds, and our minds affect our bodies. Our thoughts become distorted, our bodies become sick, and we end up a mess. A self-absorbed mess. We are misplaced vehicles on the wrong course.

Do you believe that? Do you understand that we were created to be fascinated by, overwhelmed with, and enraptured in our Maker? The fallen mind avoids this at all costs. We try to make a name for ourselves. We try to get in good with the right people. We read self help books. We learn various philosophies and methods that will lead us to a better way of life. And it is all about us.

God points us away from ourselves and toward Him. He is to be our vision, our passion, our love. So far-reaching is this principle that it can bring health to our bodies. When we align ourselves with our created purpose, we are like the perfect part in a precision machine. We can function without undue wear and tear. Or we're like a beautiful piece of music played in the right key. We can perform without grating on everyone around us and depressing ourselves in the process.

We place a high premium on good health. In a sick and fallen world, it is a valued commodity. We try to eat well, take our vitamins, select the right doctor, exercise often, and pray to avoid deadly diseases. But if we haven't immersed our minds in reality—that God is our all in all—we haven't taken the first step toward good health. Your mind has a profound effect on your physiology. Let it always be nourished by eternal truth.